



Awareness of Self and Environment

**(understanding the world and the ability to make connections
with home and community experiences)**



When getting ready for kindergarten think about...

Providing opportunities for play with peers

- ✓ Going to the park, leisure centres, organized sports, play dates, etc. are all good ways for your child to interact and play
- ✓ Have them practice taking turns by doing activities such as throwing/kicking a ball to each other or blowing bubbles

Talk about feeling words with your child (happy, sad, mad, surprised, etc.)

- ✓ Say how a situation made you feel when it happens ex) "I was happy when you gave me a hug."
- ✓ Make a game out of guessing facial expressions

Discuss the function of things in their environment

- ✓ A fork is used for eating food
- ✓ A toy is used for playing
- ✓ A car is used to take us places

Help your child understand their environment by explaining 'why' we do the things we do.

- ✓ "We wear socks to keep our feet warm."
- ✓ "We eat food to stay strong and healthy."

Use games to talk to your child about positional words (such as front, back, beside, on, under, etc.) and basic concepts (big/small, short/tall, first/last, etc.)

- ✓ Play "Simon Says" and have them stand "beside" the couch or "under" the table
- ✓ Use Play D'oh to make long/short snakes, little/big snowmen
- ✓ Play pretend games where you both pretend to carry heavy/light things



Have them name the major parts of their body such arms, legs, head, etc. and minor parts of their body such as knees, ankles, elbows, cheeks, etc.

Help them transition from one activity or situation to another by:

- ✓ using a timer on your phone or oven to indicate how long they have to finish a task
- ✓ explaining where you will be going before you leave ex) "We are going to the store today to buy some bread and milk"

Talk to your child to talk about familiar things, people and activities

- ✓ Talk about the common and repetitive things in your life to your child ex) "The puppy is eating/Daddy is brushing his teeth/I'm hungry/You're sleepy!"

iPad Apps

- ✓ Emotions! (Free)
- ✓ Emotions (Free)
- ✓ Jobs – Guess Who (\$0.99)
- ✓ Learn Jobs – Boys Edition (Free)
- ✓ Learn Jobs – Girls Edition (Free)
- ✓ Speech with Milo – Prepositions (\$2.99)
- ✓ Matching Jobs (Free)
- ✓ Parts of the Body (Family Play PTE Ltd. – Free)

Websites

- ✓ Body Parts -
<http://www.turtlediary.com/kindergarten-games/science-games/body-parts.html>
- ✓ Matching objects to their functions -
<http://alittlelearningfortwo.blogspot.ca/2011/01/matching-objects-by-function.html>
- ✓ Who's at the door –
http://www.fisher-price.com/en_CA/GamesAndActivities/OnlineGames/littlepeoplewhosatthedoor.html

Worksheets

- ✓ Following Auditory Directions – (DeGaetano, Jean Gilliam. Following Auditory Directions. Wrightsville Beach, NC: Great Ideas for Teaching, 1994. Print.)



Following Auditory Directions

- ✓ Basic Concepts – (Foster, Beverly. 208 Fold & Say Basic Concept Stories! Greenville, SC: Super Duper Publications, 1999. Print
 - around
 - through
 - in front of
 - behind
 - few
 - many



Basic Concepts

- ✓ Categories of Basic Items – (Larson, Jennifer. Category Cut-ups. Greenville, SC: Super Duper Publications, 2006. Print)
 - Around the Home Items



Basic Item Categories

